

Peach County Schools Menu for September 10 - 16, 2020

Elementary	Thursday	Friday	Monday	Tuesday	Wednesday
Hot	Pizza	BBQ Pork Sandwich	Hamburger	Crispy Chicken Sandwich	Turkey Sub Sandwich
Fruit	Whole Apple (1/2 cup)	Strawberry Cup	Whole Orange	Apple (1/2 cup)	Apple (1/2 cup)
Other					
Veg	Broccoli (3/4 cup)	Side Salad Mixed Dark Greens (1 cup)	Baked Beans (3/4 cup)	Spinach and Romaine Salad (1/2) cup	Broccoli (3/4 cup)
Veg	French Fries (3/4 cup)	Baked Beans (3/4 cup)	Lettuce Leaf & Tomato on Side		Bagged Chips
Middle School					
Hot	Pizza	BBQ Pork Sandwich	Hamburger	Crispy Chicken Sandwich	Turkey Sub Sandwich
Other			Whole Orange	Apple (1/2 cup)	Apple (1/2 cup)
Fruit	Whole Apple (1/2 cup)	Strawberry Cup			
Veg	Broccoli (3/4 cup)	Side Salad Mixed Dark Greens (1 cup)	Baked Beans (3/4 cup)	Spinach and Romaine Salad (1/2) cup	Broccoli (3/4 cup)
Veg	French Fries (3/4 cup)	Baked Beans (3/4 cup)	Lettuce Leaf & Tomato on Side		Bagged Chips
High School					
Hot	Pizza	BBQ Pork Sandwich	Hamburger	Crispy Chicken Sandwich	Turkey Sub Sandwich
Other			Whole Orange	Apple (1/2 cup)	Apple (1/2 cup)
Fruit	Whole Apple (1/2 cup)	Strawberry Cup (1/2 cup)	Baked Beans (3/4 cup)	Spinach and Romaine Salad (1/2) cup	Broccoli (3/4 cup)
Fruit (HS ONLY)	100% Fruit Juice (1/2 cup)	100% Fruit Juice (1/2 cup)	100% Fruit Juice	100% Fruit Juice	100% Fruit Juice
Veg	Broccoli (1 cup)	Baked Beans (1/2 cup)	Lettuce Leaf & Tomato on Side		Bagged Chips
Veg	French Fries (1 cup)	Carrots and Ranch (1/2 cup)			
Milk - ALL GRADES	1% White	1% White	1% White	1% White	1% White



ALL MENUS ARE SUBJECT TO CHANGE DUE TO PRODUCT AVAILABILITY

THIS ORGANIZATION IS AN EQUAL OPPORTUNITY PROVIDER

Peach County Schools Cohort Menu for September 17 - 23, 2020

Elementary	Thursday	Friday	Monday	Tuesday	Wednesday
	17-Sep	18-Sep	21-Sep	22-Sep	23-Sep
Hot	Crispy Chicken Sandwich	Cheeseburger	Ham and Cheese Croissant	Grilled Chicken Sandwich	Corndog
Other					
Fruit	Peaches - Canned (1/2 cup)	Strawberry Cup	Whole Apple	Whole Orange	Whole Apple
Veg	Green Beans (3/4 cup)	Side Salad Mixed Dark Greens (1 cup)	Fresh Broccoli w/ Ranch	Fresh Baby Carrots w/ Ranch	Fresh Broccoli w/ Ranch
Veg	Fresh Baby Carrots w/Ranch	Baked Beans (3/4 cup)	Baked Beans (3/4 cup)		Black Bean & Corn Salad (3/4 cup)
Middle School					
Hot	Crispy Chicken Sandwich	Cheeseburger	Ham and Cheese Croissant	Grilled Chicken Sandwich	Corndog
Other					
Fruit	Peaches - Canned (1/2 cup)	Strawberry Cup (1/2 cup)	Whole Apple	Whole Orange	Whole Apple
Veg	Green Beans (3/4 cup)	Side Salad Mixed Dark Greens (1 cup)	Fresh Broccoli w/ Ranch	Fresh Baby Carrots w/ Ranch	Fresh Broccoli w/ Ranch
Veg	Fresh Baby Carrots w/Ranch	Baked Beans (3/4 cup)	Baked Beans (3/4 cup)		Black Bean & Corn Salad (3/4 cup)
High School					
Hot	Crispy Chicken Sandwich	Cheeseburger	Ham and Cheese Croissant	Grilled Chicken Sandwich	Corndog
Other					
Fruit	Peaches - Canned (1/2 cup)	Strawberry Cup (1/2 cup)	Whole Apple	Whole Orange	Whole Apple
Fruit (HS ONLY)	100% Fruit Juice (1/2 cup)	100% Fruit Juice (1/2 cup)	100% Fruit Juice/Fruit Cup	100% Fruit Juice	100% Fruit Juice/Fruit Cup
Veg	Green Beans (1 cup)	Baked Beans (1 cup)	Fresh Broccoli w/ Ranch	Fresh Baby Carrots w/ Ranch	Fresh Broccoli w/ Ranch
Veg	Fresh Baby Carrots w/Ranch	Side Salad Mixed Dark Greens (1 cup)	Baked Beans (1 cup)		Black Bean & Corn Salad (1 cup)
ALL GRADES: Milk	1% White	1% White	1% White	1% White	1% White
School Nutrition will provide special dietary meals as required based upon Student Diet Forms and other information submitted by the School Nurse, Parent etc. in accordance with District Policy.					

Storage and Heating Instructions for Menu Items

Fruit:

Apples/Oranges: Store at room temperature.

Fruit Juice:

Store in the refrigerator.

Milk:

Store in the refrigerator.

Vegetables:

Salad and Broccoli: Store in the refrigerator

Baked Beans: Store in the refrigerator until ready to eat. Heat in microwave for 45 seconds, stir and heat for additional 30 seconds.

Sandwiches:

Store in refrigerator or freezer until ready to eat. Leave sandwich in sandwich bag or wrap in paper towel. If stored in refrigerator, heat in microwave for 45 seconds. Turn over and heat for 15 additional seconds. If stored in freezer, heat in microwave for 1 minute 15 seconds. Turn over and heat for 15 additional seconds.

Entrée

Store in refrigerator or freezer until ready to eat. Leave entrée in sandwich bag or wrap in paper towel. Heat in microwave for 30 seconds. If stored in the freezer, turn over and heat for 15 additional seconds.

